



YEAR 9 PE ROADMAP

**FINISH
YEAR
10**

Athletics

Development of **sophisticated** running, jumping and throwing skills.



Softball

Development of **sophisticated** batting and fielding (including pitching) techniques. You will then apply this to game-based scenarios.



Cricket

Development of **sophisticated** batting and fielding (including bowling) techniques. You will then apply this to game-based scenarios.



Trampolining

Understanding of safety. Development of **sophisticated** skills in isolation. Performance of skills in a 10-bounce routine.



**SPR 2
SUM 1&2**

Rugby

Development of **sophisticated** attacking and defending, with an introduction to contact. You will then learn to apply these in small games of touch rugby.



Football

Development of **sophisticated** attacking (passing, dribbling, shooting) and defending skills. You will then learn to apply these in small sided games.



Hockey

Development of **sophisticated** attacking (passing, dribbling, shooting) and defending skills. You will then learn to apply these in small sided games.



Handball

Development of **sophisticated** attacking (passing, dribbling, shooting) and defending skills. You will then learn to apply these in small sided games.



Netball

Development of **sophisticated** attacking (passing, shooting) and defending skills. Basic understanding of netball positions in games.



Basketball

Development of **sophisticated** attacking (passing, dribbling, shooting) and defending skills. You will then learn to apply these in small sided games.



**START
YEAR 9**

**AUT 1&2
SPR 1**